

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ian Strydom

Has successfully participated & completed the

17Km Trail Run Alto Trail Run

held at Alto Wines, Stellenbosch.

TIME 02:00:00

PACE 07:03/km

OVERALL 15 of 27

GENDER 11 of 16

OPEN 8 of 10

21 May 2023, Sun

Date

